

Camp BIAG Program

For Adults with Traumatic Brain Injuries

Camp BIAG. Camp has been a historical part of the Association's outreach and services to the brain injury community. Camp is a unique blend of therapy, fun and camaraderie.

➤ **Promote healing and recovery** process by encouraging:

- ◆ Socialization
- ◆ Athletic Achievement
- ◆ Physical Activities
- ◆ Empowerment

➤ **Practice life skills** through social interaction with peers, learning to problem solve and feeling part of a group

➤ **Enhances self-esteem through success and enjoyment**

➤ **Empowers** each individual, encourages and supports independence and goes beyond perceived limitations and barriers

➤ **Gain Self Awareness** in the company of others who understand their disability

➤ **Improves their physical and mental health** through the benefits of exercise, good nutrition, social and recreational activities and mutual support

➤ **Supportive** and encouraging environment while having fun in a therapeutic and safe environment

➤ **Respite** Camp for the Caregivers who attend their own camp at the same time, to network, provide support, a much needed break and renews their spirit to face future challenges (*when available*).

*Brain Injury Association of Georgia is a
501(c) (3) Non-Profit Organization*

Checks or online donations are gratefully accepted to support camp!

*The mission of the Brain Injury Association of Georgia is to provide hope, help and support to the citizens of Georgia that have sustained or have been affected by brain injury"
Mail: BIAG, P.O. Box 2817, Woodstock, GA 30188 – 404-712-5504 – Helpline 800-444-6443- info@braininjurygeorgia.org – www.braininjurygeorgia.org*

THE VOICE OF BRAIN INJURY IN GEORGIA

*"The best thing about camp is everyone understands my injury...
where I can be me!"*



If you would like to make a difference in the lives of individuals impacted by a brain injury, please support BIAG's Camp for survivors and caregivers. The only unique and therapeutic camp for adults impacted by brain injury in Georgia.

A brain injury is not an event or an outcome, it is life changing. It is often the start of an often misdiagnosed trauma that can manifest as physical, emotional and cognitive changes. We have found that dealing with a brain injury is a difficult and long lasting journey for the survivor

We are committed to assisting individuals, families and our veterans impacted by a brain injury through our Camp BIAG program.

The significant increase in the number of brain injury survivors in Georgia in the past thirty-five years creates a compelling need for Camp BIAG. As medical technology, safety, and trauma care improve, more people survive brain injury only to face a lifetime of physical, behavioral and cognitive impairments requiring support and services.

Our camp enhances and improves recovery life skills, social interaction, and cognitive stimulation in a supporting environment

BIAG is committed to providing assistance and support to all Georgian's and caregivers impacted by a brain injury through our therapeutic camp for the survivors and a respite camp for caregivers.

Camp is for adults 18+ that have a diagnosis of a brain injury

Visit <https://braininjurygeorgia.org>